

Spiritual Growth: Putting on the New Self



“We will grow to become in every respect the mature body of Him who is the head, that is, Christ.” Eph. 4:15







Ephesians 4:13-15

“...until we all reach unity in the faith...attaining to the whole measure of the fullness of Christ. Then we will no longer be infants, tossed back and forth by the waves....Instead, we will grow to become in every respect the mature body of Him who is the head, that is, Christ.”



Ephesians 4:17-19

So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts.



Ephesians 4:20-24

²⁰ That, however, is not the way of life you learned ²¹ when you heard about Christ and were taught in Him, according to the truth that is in Jesus. ²² You were taught, to change the former way of life, to put off your old self, corrupted by deceitful desires, ²³ and instead to be made new in the attitude of your minds by the Spirit; ²⁴ and to put on the new self, created to be like God in true righteousness and holiness.





Putting on the New Self



**We are
designed
to grow**

**“But grow in the grace and knowledge of our Lord
and Savior Jesus Christ.” 2 Peter 3:18**





Putting on the New Self



**We are
designed
to grow**



**We need to
nurture
our growth**

“Be filled with the knowledge of His will in all spiritual wisdom and understanding, so as to walk in a manner worthy of the Lord, fully pleasing to Him, bearing fruit in every good work and increasing in the knowledge of God.” Colossians 1:9-10





Worship Plus Two (W+2)



Worship: Connect with
God in community
(Upward)

W+2



One thing: To help you
grow (Inward)

W+2

W+2



One thing: To help
others (Outward)



W+2

Forest Hills Church

**Love.
Grow.
Serve.**



**Upward.
Inward.
Outward.**

Worship Plus Two



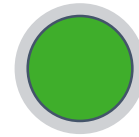
Putting on the New Self



**We are
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**We bear
good fruit**

“The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control.” Galatians 5:22-23

