

# CHURCH@HOME

***Here are some ways for you to take  
worship home with you this week!***

**📖 Memory Verse** (review at least once a day):

“And this is the testimony: God gave eternal life to us, and this life is in His Son. The one who has the Son has life.”

~1 John 5:11-12a

**☞ Digging Deeper ☞**

Read: 1 John 5:1 - 21

Reflect: 1 John 5:3 says that God’s commands are not burdensome, but rather life-giving. Do you find God’s commands burdensome? Which ones? Can you see how, after thinking more deeply about them, that they are not a burden, as John says?

Discuss: For John, overcoming the world means living as though our eternal lives have already started. After all, eternal life begins when we believe that Jesus is the Son of God. How does this change your thinking about your life now, your upcoming death, and your life after death?

Activity: 1 John 5:16 says that we should pray for those we see committing sins. Who in your family or close friends do you need to pray for? Are they committing “sin that leads to death?”

Prayer: Pray for those you have identified above.

**👨 With Kids:**

*Good Rules*

Take some time over dinner to think about some of the rules your parents have for you. Why do they have these rules? Are they easy or difficult to obey? Why? Read together 1 John 3:3-5. We show love for God by obeying his rules. What is the result? What does it mean to overcome the world?

*We know...*

List out all of the things you know about a refrigerator, the digestive system, the weather, our political system and God. John tells us a few more things that we can know in 1 John 5:18-20. See if you can list at least 5 items from this passage.

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