

Grow Group Session Template

Hosts facilitate the group, keep the conversation going, make room for everyone to be able to share, and watch the clock.

Adapt this lesson to fit your time and group. Hosts can change, modify, and reduce as needed.

(10-20 minutes) Opening:

1. Welcome! Thank you each for going this small group.
2. Logistics: Does this location work?
How long the session is planned to last
Snacks
Bathrooms location
How many times the group will meet
Any scheduling changes to be aware of
Please keep inviting new people to join, making personal invitations and offering to pick-up or meet here.
3. Curriculum: The purpose of this grow group is to . . .
Explain the curriculum.
What participants are to bring each session, and what will be provided by the host.
Any optional resources available, and how to get them.
4. Outreach Component: Discuss with the group the suggestion to do at least one outreach activity together as a group during the course of the grow group series.
Suggestion: We invite all fall grow groups to consider making Trunk-or-Treat their outreach mission this time. It will be from 5:30 - 7:30 p.m. on Wed., Oct. 31 at the church parking lot. Participants are invited to dress up in a fun costume, park a vehicle in the church parking lot, and give away candy to trick-or-treaters. A come-and-go meal will be offered in the fellowship hall. Groups can do this together around one vehicle, or by bringing individual vehicles and parking next to each other. Be creative, and have fun!
5. Opening prayer: the host opens in a short prayer.
Each participant shares his or her name, and something to help the group get to know each other better (host chooses something different each session, such as how long they have been a part of Forest Hills Church, a favorite hobby, family makeup, etc.)

(45-65 minutes) Session Material

Follow the guidelines in the curriculum. It can include host teaching, or host reading from the materials, Bible reading, video, and discussion.

Please conclude EACH SESSION with:

What/how will you take what you learned today and apply to your daily life?

(5 minutes) Closing:

Reminder to participants to invite someone new to come next time!

Assign any homework or reading.

Assign any snacks for next time.

Close in prayer together (host chooses how this is done).