

# Grow Group Session Template

Hosts facilitate the group, keep the conversation going, make room for everyone to be able to share, and watch the clock.

Adapt this lesson to fit your time and group. Hosts can change, modify, and reduce as needed.

## **(10-20 minutes) Opening:**

1. Welcome! Thank you each for going this small group.
2. Logistics: Does this location work?  
How long the session is planned to last  
Snacks  
Bathrooms location  
How many times the group will meet  
Any scheduling changes to be aware of  
Please keep inviting new people to join, making personal invitations and offering to pick-up or meet here.
3. Curriculum: The purpose of this grow group is to . . .  
Explain the curriculum.  
What participants are to bring each session, and what will be provided by the host.  
Any optional resources available, and how to get them.
4. Outreach Component: Discuss with the group the suggestion to do at least one outreach activity together as a group during the course of the grow group series. This could mean to 1) Do something small together every time you meet, 2) Take one or two regular session times and do a project together (on or off site), or 3) Go do an activity as a group at some other date and time than group session time. Our goal is to have each grow group engage in all three components of Love. Grow. Serve. Be creative, and have fun!
5. Opening prayer: the host opens in a short prayer.  
Each participant shares his or her name, and something to help the group get to know each other better (host chooses something different each session, such as how long they have been a part of Forest Hills Church, a favorite hobby, family makeup, etc.)

## **(45-65 minutes) Session Material**

Follow the guidelines in the curriculum. It can include host teaching, or host reading from the materials, Bible reading, video, and discussion.

Please conclude EACH SESSION with:

What/how will you take what you learned today and apply to your daily life?

## **(5 minutes) Closing:**

Reminder to participants to invite someone new to come next time!

Assign any homework or reading.

Assign any snacks for next time.

Close in prayer together (host chooses how this is done).