

### **Prayer through Meditation on the Cross**

Use this image of the cross to reflect on what Jesus did for us on the cross. Let the cross guide your own prayer time and thoughts and use the prayer on the right of the cross to close your time. This can be an especially helpful prayer reflection during Holy Week.



**1 John 3:16a**

We know love by this, that he laid down his life for us

Loving God,

In the cross let us see Your Son and his great love. Help us to remember those final days. Weep with us over the death of Jesus on the cross, but let us never forget that death does not have the final word.

In Your Name,  
Amen