

## **Entering into Prayer by Reimagining the Lord's Prayer**

This prayer practice can be done individually or with a group or people. The Bold words are the Lord's prayer and the words that follow each phrase are a modern interpretation designed to help you see the Lord's Prayer with new eyes and enter into a longer time of prayer. You may read the prayer through with no pauses or you can follow the "pause" prompts that guide you into a deeper prayer and offer a "specific focus" to turn your attention to.

### **Our Father who art in Heaven, hallowed be thy name.**

God of love who lives and reigns in the heavens, remind us the sacredness and the healing in your name.

**PAUSE: Silently or verbally reflect on the words above as you pray for needs and thanksgivings in your life and the world around you. SPECIFIC FOCUS: God's love.**

### **Thy Kingdom come, thy will be done, on earth as it is in heaven.**

Let peace on this earth reign down from heaven above. Let your love and mercy spread from person to person flooding the concrete streets and the growing forests with your vision of restoration.

**PAUSE: Silently or verbally reflect on the words above as you pray for needs and thanksgivings in your life and the world around you. SPECIFIC FOCUS: Peace, mercy, justice and restoration.**

### **Give us this day our daily bread.**

Offer us what we need each morning when we awake that we can be your kingdom here on earth.

**PAUSE: Silently or verbally reflect on the words above as you pray for needs and thanksgivings in your life and the world around you. SPECIFIC FOCUS: God's provision.**

### **And forgive us our trespasses, as we forgive those who trespass against us.**

May we see You in ourselves and remember we are forgiven, and may we see You in the other so that when it seems impossible to forgive we would have the audacity to do so still.

**PAUSE: Silently or verbally reflect on the words above as you pray for needs and thanksgivings in your life and the world around you. SPECIFIC FOCUS: Forgiveness.**

### **For thine is the kingdom, the power, and the glory forever and ever. Amen.**

Because to You belongs the nations of heaven and earth, the authority, and the magnificence of it all, in the darkest and brightest of times, forever and ever Amen.

**PAUSE: Silently or verbally reflect on the words above as you pray for needs and thanksgivings in your life and the world around you. SPECIFIC FOCUS: God's goodness and majesty.**