**Grow Group Meeting Structure (Without Curriculum)**

 \*This type of group is meant to be more of a life group where each member takes leadership responsibility at different times and the group’s main focus is on doing life together.

* Begin with a meal together.
	+ People could take turns hosting at their house or take turns providing the meal even if the location is always the same.
	+ Or every meal could be potluck style.
	+ This is simply a time of fellowship to be with one another.
* Ice breaker or check in time.
	+ This activity can be anything the leader for that day chooses.
* Lectio Divina or devotional.
	+ Leader chooses a passage of scripture to be read aloud and reflected upon.
* Guiding question.
	+ The leader of the day will also present a guiding question for the group to engage in.
	+ The question should be something that gets the group thinking about real life and helps them to move quickly into deeper issues.
* End with a time of prayer together praying with and for one another.

\*Optional add in: Your group could also choose a spiritual practice or two from the website and agree to putting them into practice outside of your group time. The group can then spend time together discussion if and how the practice is enriching their life, or why they struggle with it. In this way you can hold each other accountable to putting practices of time spent with God into your daily life.

\*Another optional recommendation is to create a group covenant together at your first meeting. Resources on this, spiritual practices, and Lectio Divina’s can all be found on the website under small group resources or spiritual practices resources.